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TAGS: [KCRM](#) [OTRA](#) [SC](#)

SUBJECT: COUNTRY CLEARANCE GRANTED TO MCKENNA FOR TRAVEL TO  
ST. KITTS AND BARBADOS

REF: STATE 5533

¶1. Embassy Bridgetown welcomes and grants clearance to Wayne  
¶R. McKenna, Bureau of International Narcotics and Law  
Enforcement Affairs, to travel to St. Kitts and Nevis from  
Jan. 31 - Feb. 4 and to Barbados from Feb. 4 - 10, for the  
purpose of evaluating two law enforcement training programs  
funded by the State Department, but delivered by contractors  
working for the Organization of American States.

¶2. Per reftel, Embassy understands that no further assistance  
is requested.

¶3. Embassy Bridgetown requests an outbrief be provided to the  
Political/Economic Section relating to activities while in  
the region within 10 working days of completion of travel.  
Please provide the outbrief by telephone, 246/227-4282, or by  
fax at 246/227-4174.

¶4. St. Kitts and Nevis entry requirements: Mission policy is  
that all USG travelers to the region be in possession of a  
valid passport. There is a departure tax of 45 xcd (Eastern  
Caribbean) dollars or 16.50 U.S. dollars.

¶5. The exchange rate in St. Kitts and Nevis is 2.70 xcd  
(Eastern Caribbean) dollars for one U.S. dollar. U.S.  
currency, traveler's checks, and credit cards are routinely  
and widely accepted.

¶6. Barbados entry/departure requirements: Mission policy is  
that all USG travelers to the region be in possession of a  
valid passport. Visas are not required for short visits.  
Visitors are granted up to 28 days upon entry, which can be  
extended through the Barbados Immigration Department for up  
to six months. Barbados has a departure tax of 25 Barbados  
dollars or 13.00 U.S. dollars.

¶7. The exchange rate in Barbados is two Barbados dollars for  
one U.S. dollar. U.S. currency, traveler's checks, and  
credit cards are routinely and widely accepted.

¶8. The following is general information pertaining to  
security and health considerations throughout the Eastern  
Caribbean:

Security  
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In the Eastern Caribbean, foot travel outside of  
well-established tourist areas is not generally recommended,  
especially at night. Be vigilant when using public  
telephones or ATM machines near roadsides or quiet areas. As  
in many U.S. metropolitan areas, wearing expensive jewelry,  
carrying expensive objects, or carrying large amounts of cash  
should be avoided. Visitors should also safeguard valuables  
while at the beach. While hotels are generally safe, many

visitors have experienced loss of unattended items. Hotel burglaries are not uncommon and all valuables should be locked in room safes if possible.

## Health

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Throughout the Eastern Caribbean, the most likely threat to a visitor's health is sunburn. It takes several weeks to become accustomed to the heat and humidity. Prolonged exposure to the sun, without protection, causes sunburn and may ultimately result in sun-damaged skin or even skin cancer. Sunscreens should be used for protection. In Barbados, St. Lucia, and St. Vincent and the Grenadines the major health threat is dengue fever, transmitted by mosquito.

Dengue cases are most often seen in the summer months. Persons should therefore protect themselves with insect repellent. There is a growing number of HIV/AIDS cases reported. The Eastern Caribbean enjoys clean and safe drinking water. Only routine boosters for immunizations (i.e., tetanus, diphtheria, and oral polio vaccine) are required when traveling to this region. Barbados has the best medical facilities of all the islands in the region and most of the medical specialties have practitioners here.

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